

**Kandy Taylor Love**  
**4265 Island Circle, #D**  
**Ft. Myers, FL 33919**  
**Cell: 239-851-8815**  
**Email: yoginikandy62@gmail.com**

**DOB 11/27/1948**

## **Work Experience**

1970-1972 Management Training Program. AT &T Long Lines, NY, NY  
1973-1986 English/Journalism Teacher. Lee County School System, Ft. Myers High School, Ft. Myers, FL`  
1986-1988 Newspaper Editor. Gazette Newspapers. *River Cities Gazette* and *West Kendall Gazette*, weekly newspapers, Miami, FL  
1989-1990 Yoga Instructor in five locations - Lee County; Licensed Massage Therapist House Calls - Lee County  
1990-2011 Owner/Director Health & Harmony Center, Ft. Myers, FL  
Yoga Instructor - teaching 5 classes of 8-18 students per week, 1-3 privates per week, yearly teacher training days and weekends, yearly yoga workshops days and weekends, and mentoring students to become yoga teachers  
Licensed Massage Therapist - treating 3-8 clients per week  
Integrated Awareness Teacher - treating 1-3 clients per week  
Meditation Teacher - monthly classes  
Manage Staff of 16 teachers, therapists, office personnel  
Numerous Articles published in local, state and national publications  
Numerous Speaking Engagements with local business organizations on benefits of yoga, therapeutic massage, meditation, healing, healthy life styles, stress management  
Hosted/Organized yearly Health Fairs at Health & Harmony Center  
Organized numerous workshops with a wide variety of speakers at Health & Harmony Center  
Participated in numerous Health Fairs in Lee County  
Personal Care for client diagnosed with Guille Barre Syndrome in PA for two 5-day weekends from Sept 2007 - Jan 2008.  
2011-present Yoga Teacher, Massage Therapist, LoveWorks Facilitator, Workshop Leader, Meditation Teacher, Author, Recording Artist.

## **Education - Degrees, Licenses, Certifications**

Little Falls High School, Little Falls, NY Regent's High School Diploma 1966  
St. Lawrence University, Canton, NY B.A. degree 1970  
Nova University, Ft. Lauderdale, FL M.S. degree 1978  
Florida Massage Institute. Florida Institute of Massage Therapy, Ft. Lauderdale, FL  
Licensed Massage Therapist #MA9704. 1989  
Certified Iyengar Yoga Teacher, Introductory Level. 1997  
Registered Yoga Teacher, 500 hours. 2000.  
Certified Integrated Awareness Teacher. 2005  
Yoga for Scoliosis Certified Instructor. 2008  
Chair Yoga Teacher Certification. 2010  
Ashwood University, Texas, Ph.D. in Natural Health. 2011  
Universal Life Minister Certificate. 2011  
Certified International Yoga Therapist. 2017.

## **Teacher/Leader of Workshops/Courses**

**Note: HHC = Health & Harmony Center; AHA=A Holistic Approach**

### **1989 - 1999**

June-July 1989 Director Yoga Institute of Miami six weeks. Miami, FL  
Sept-Nov, 1991 Weekly Yoga One-hour Course. Life Center Cape Coral Hospital, FL  
March 12, 1995 Chi Kung Workshop, 5 hours. Miami, FL  
July 28-30, 1995 Yoga Weekend, 10 hours. HHC. Ft. Myers, FL  
July 26-28, 1996 Yoga Weekend, 10 hours. HHC. Ft. Myers, FL  
August 4-6, 1997 Yoga Weekend, 10 hours. HHC. Ft. Myers, FL  
October - December 1997 Six Days, Yoga Teacher Training, 18 hours. HHC. Ft. Myers, FL  
Feb. 20-22, 1998 Woman's Wellness Weekend Retreat with Dr. Eileen Slack. Upper  
Captiva Island, FL  
June 5-7, 1998 Yoga Weekend Retreat. Upper Captiva Island, FL  
August 4-6, 1998 Yoga Weekend, 10 hours. HHC. Ft. Myers, FL  
August 3-5, 1999 Yoga Weekend, 10 hours. HHC. Ft. Myers, FL  
Sept. 11, 18, Oct. 3, 9, 1999 Yoga Teacher Training 16 hours. HHC. Ft. Myers, FL  
August 4-6, 2000 Yoga Weekend, 10 hours. HHC. Ft. Myers, FL

### **2000-2009 (All Located Health & Harmony Center)**

July 19-21, 2001 Yoga Teacher Training Weekend, 20 hours. Ft. Myers, FL  
Aug. 3-5, 2001 Yoga Weekend, 10 hours. Ft. Myers, FL

July 19-21, 2002 Yoga Teacher Training Weekend, 20 hours. Ft. Myers, FL  
Aug. 2-4, 2002 Yoga Weekend, 10 hours. Ft. Myers, FL  
Aug. 15-17, 2003 Yoga Teacher Training Weekend, 20 hours. Ft. Myers, FL  
Aug. 15, 2004 Yoga Teacher Training Day, 5 1/2 hrs. Ft. Myers, FL  
Sept. 12, 2004 Yoga Teacher Training Day, 5 1/2 hrs. Ft. Myers, FL  
Oct. 3, 2004 Yoga Teacher Training Day, 5 1/2 hrs. Ft. Myers, FL  
Nov. 21, 2004 Yoga Teacher Training Day, 5 1/2 hrs. Ft. Myers, FL  
Dec. 19, 2004 Yoga Teaching Training Day, 5 1/2 hrs. Ft. Myers, FL  
Jan. 28-Feb.3, 2005 Yoga Teacher Training Weekend, 17 hours. Ft. Myers, FL  
Feb. 19, 2006 Yoga Teacher Training Day, 5 1/2 hrs. Ft. Myers, FL  
June 11, 2006 Yoga Teacher Training Day, 5 1/2 hrs. Ft. Myers, FL  
July 23, 2008 Integrated Awareness Workshop. 5 hrs. Ft. Myers, FL  
Aug. 19, 2008 Integrated Awareness Workshop. 5 hrs. Ft. Myers, FL  
Aug. 21, 2008 Yoga Immersion Workshop. 5 hrs. Ft. Myers, FL  
Oct. 19-20, 2008 Yoga for Scoliosis Two Day Workshop. Ft. Myers, FL  
Jan.-Dec. 2009 Year-long Mentoring One-on-one, Ft. Myers, FL  
Aug. 3-5, 2009 Yoga Teacher Training Weekend, 20 hrs. Ft. Myers, FL  
**2010-2019**  
Oct. 11 and 13, 2010 Enhancing Touch Skills, 6 CEU's for LMT's. HHC. Ft. Myers, FL  
Jan.-Dec, 2011 Year-long More Yoga Training Program. HHC. Ft. Myers, FL  
May 16, 2012 Stress Relief for Social Workers, 3 hr CE course. Shell Point, Ft. Myers, FL  
July 19, 2012 Stress Management Techniques, 4 hr course. Hodges University, Ft. Myers, FL  
Feb. 2, 2014 Yoga Immersion Workshop, 4 hr Class. Ft. Myers, FL  
April 14, 2014 Stress Management Seminar for Lee County Parks Employees, 6 hr course, Ft. Myers, FL  
June 17, 2014 Stress Management Class, 3 hrs, Kaiser University, Ft. Myers, FL  
June 20, 2014 Stress Management Class, 1 hr, Children's Network, Ft. Myers, FL  
Nov. 2015 Iyengar Restorative Sequence Workshop, 3-hrs, AHA, Ft. Myers, FL  
Jan 12,19, 26, 2016 Home Pranayama Practice (3-part course), 3 hrs, AHA, Ft. Myers, FL  
Jan 21, 2016 Iyengar Restorative Sequence Workshop, 3 hrs, AHA, Ft. Myers, FL  
Feb. 10, 2016 Partner Massage Class, 90-minute, AHA, Ft. Myers, FL  
Nov. 19, 2016 Energy Structure Master Class, 3 hrs, AHA, Ft. Myers, FL  
Dec. 10, 2016 Iyengar Restorative Sequence Workshop, 3 hrs, Yoga Institute of Miami, Miami, FL  
Jan. 1, 2017 Uncover Your Soul Language with Deb/Naomi, 3 hrs, AHA, Ft. Myers, FL  
Jan. 21, 2017 Iyengar Restorative Sequence Workshop, 3 hrs, AHA, Ft. Myers, FL  
Feb. 1, 8,15, 2017 Home Practice Course, 3 hrs, AHA, Ft. Myers, FL

March 9, 16, 23, 2017 Home Practice Course, 3 hrs, AHA, Ft. Myers, FL  
April 13, 20, 27, 2017 Home Practice Course, 3 hrs, AHA, Ft. Myers, FL  
May 2, 2017 Iyengar Restorative Sequence Workshop, 3 hrs, AHA, Ft. Myers, FL  
Jan. 12, 2018 Flow into New Year, 2 hrs, Caloosa Meditation Center, Ft. Myers, FL  
Jan. 15, 2018 Flow into New Year, 2 hrs, Caloosa Meditation Center, Ft. Myers, FL  
Jan 16 & 23, 2018 Aqua Yoga, 1 hr, Pelican Preserve, Ft. Myers, FL  
Jan 27, 2018 3 hrs. Yoga from the Heart, Sarasota, FL  
Jan 28, 2018 Yoga & Sanskrit with Jenna, 3 hrs, AHA, Ft. Myers, FL  
April 5, 2018 Pranayama Workshop, 1 hr, Lotus Blossom Clinic, Ft. Myers, FL  
April 13 & 17, 2018 Aqua Yoga, 1 hr, Pelican Preserve, Ft. Myers, FL  
May 12, 2018 Yoga & Sanskrit with Jenna, 3 hrs, Yoga from the Heart, Sarasota, FL  
Feb 2, 2019, Focus on Alignment, 2 hrs, Island Yoga & Wellness, Pine Island, FL  
March 2, 2019 Focus on BackBending, 2 hrs, Island Yoga & Wellness, Pine Island, FL  
June 22, 2019 Panel Member on Alternative Pain Treatments to Opioids, sponsored by Holistic Chamber of Commerce, Ft. Myers, FL

### **International Experiences**

May 1990 - Molivos, Lesvos, Greece - Yoga Intensive with Angela Farmer and Victor Von Kooten. Yoga Classes six hours each day for three weeks, including asana, pranayama, philosophy  
September 1995 - Beijing, China - Qigong Training - Xi Yuan Hospital, China Academy of Traditional Chinese Medicine. Qigong and Meditation Classes eight hours per day for eight days  
December 1998 - Pune, India - International Yoga Intensive with B. K. S. Iyengar. Yoga Classes eight hours per day for two weeks, including asana, pranayama, philosophy  
August 2005 - New Zealand and Sydney, Australia - Integrated Awareness Training and Assisting with Lansing Barrett Gresham. Three days of workshops and three days of table sessions in both cities  
April 5 -15 and Aug. 9 - 19, 2009 - Bahia, Brazil - Yoga Teaching and Massage Therapy Sessions and Massage Therapy Training with Donna Roberts, program coordinator of Connect to Care in Heart of Brazil

### **Assisting and Co-Teaching Workshops**

Assisting 1993-2004 Yearly Yoga Week Retreat with Bobbi Goldin. Sanibel Island, FL  
Assisting 1998 Yoga Weekend Workshop with Judith Lasater. St. Petersburg, FL

Co-Teaching February and July 2003 and February 2004 Integrated Awareness  
Workshops with Lansing Gresham. Ft. Myers, FL  
Assisting Aug.12-25, 2005 Integrated Awareness Training and Sessions with Lansing Gresham.  
New Zealand and Sydney, Australia.  
Co-Teaching April 5-15 and Aug. 9-19, 2009 Connect to Care in Heart of Brazil with  
Donna Roberts. Bahia, Brazil.

## **Memberships/Boards**

Iyengar Yoga National Association United States - Southeast Chapter Member.  
1990-present. Chapter Newsletter Editor 1998-2001  
Yoga Alliance. 2000-present  
Florida State Massage Therapy Association. Southwest Chapter Member  
1989-present, Past President 1994-1996, Past Newsletter Editor 1990-1994  
Caloosahatchee Mindfulness Board of Directors. 2018-present  
Holistic Chamber of Commerce, Ft. Myers. Founding Member. 2018-present  
Caloosa Bayview Village Board of Directors. President. 2015-present  
Lee County Sheriff's Do the Right Thing Program Board of Directors. 1998-2008  
Southeast Yoga Teacher Association Member. Founder. 1990-2000  
The Society of Professional Journalists, Sigma Delta Chi. Greater Miami Chapter. July 1987.  
Miami, FL

## **Yoga Training**

### **1988**

Week Yoga Retreat with Bobbi Goldin and Sam Dworkis. Sanibel Island, FL April 1988  
Week Yoga Retreat with Bobbi Goldin and Sam Dworkis. Sanibel Island, FL October 1988

### **1989**

5-Day Yoga Training with Ramanand Patel and Manouso Manos. San Francisco, CA  
March 1989  
Week Yoga Teacher Training with Bobbi Goldin and Sam Dworkis. Miami, FL  
March 1989  
Week Yoga Retreat with Bobbi Goldin and Sam Dworkis. Sanibel Island, FL. April 1989  
Week Yoga Teacher Training with Bobbi Goldin and Sam Dworkis. Miami, FL June 1989  
Teacher in Charge of Yoga Institute of Miami for three weeks. Miami, FL July 1989

Yoga Weekend with Gabriella Giubilaro. Naples, FL September 1989

Yoga Weekend with Donna Shuster. Miami, FL November 1989

Week Yoga Retreat with Bobbi Goldin and Sam Dworkis. Sanibel, FL. November 1989

### **1990**

Yoga Weekend with Angela Farmer and Victor VonKooten. Indian Rocks Beach, FL.

January 1990

Yoga Weekend with Angela Farmer and Victor VonKooten, Miami, FL. February 1990

Yoga Weekend with Judith Lasater. Miami, FL. April 1990

Week Yoga Retreat with Bobbi Goldin and Sam Dworkis. Sanibel Island, FL. April 1990

Month Yoga Retreat with Angela Farmer and Victor VonKooten. Molivos, Greece.

May 1990

Iyengar Yoga National Convention Weekend with B.K.S. Iyengar. San Diego, CA. June 1990

### **1991**

Yoga Weekend with Bobbi Goldin. Ft. Myers, FL. January 1991

Yoga Weekend with George Purvis. Miami, FL. March 1-3, 1991

Yoga Weekend with Bobbi Goldin, Ft. Myers, FL. April 25-27, 1991

Week Yoga Retreat with Bobbi Goldin and Julie Lawrence. Sanibel Island, FL. April 1991

Yoga Weekend with Gayna Uransky, Ft. Myers, FL. April 11-12, 1991

Yoga Weekend with Manouso Manos, Naples, FL. Aug. 9-11, 1991

Yoga Weekend with Gabriella Giubilaro, Miami, FL. Aug. 30-Sept. 1, 1991

5-Day Yoga Retreat with Angela Farmer and Victor VonKooten. Ohio. Sept. 6-10, 1991

Yoga Weekend with Donald Moyer. Miami, FL. Oct. 4-6, 1991

### **1992**

Week Yoga Retreat with Bobbi Goldin and Julie Lawrence. Sanibel Island, FL. April 1992

Week Yoga Teacher Training with Bobbi Goldin. Miami, FL. June 1992

Transcendental Meditation Initiation Weekend. Naples, FL. June 1992

Transcendental Meditation Weekend. Naples, FL. June 1992

Vedanta Philosophy Course Weekend. South Fallsburg, NY. August 1992

Yoga Weekend with Amrit Desai. Kripalu, MA. August 1992

Yoga Weekend with Kofi Buscio. Omega Institute, NY. August 1992

Yoga Weekend with Gabriella Giubilaro. Covington, LA. August 1992

5-Day Yoga Retreat with Angela Farmer. Harpin Hot Springs, CA. Sept. 26-Oct. 9, 1992

Yoga Weekend with Angela Farmer and Victor VonKooten. Miami, FL. Oct. 2-27, 1992

### **1993**

Yoga Weekend with Bobbi Goldin. Ft. Myers, FL January 1993

Yoga Weekend with Judith Lasater. Miami, FL March 19-21, 1993

Yoga Weekend with Angela Farmer and Victor VonKooten. Indian Rocks Beach, FL.

March 26-28, 1993

Week Assisting Yoga Retreat with Bobbi Goldin. Sanibel Island, FL. May 1993

Yoga Weekend with Ramanand Patel. Miami, FL. May 14-16, 1993

Yoga Weekend with Gabriella Giubilaro. Miami, FL. Oct. 1-3, 1993

#### **1994**

Yoga Weekend with George Purvis. Miami, FL. Jan. 21-23, 1994

Yoga Weekend with Angela Farmer and Victor VonKooten. Indian Rocks Beach, FL.

March 11-13, 1994

Sanskrit Training Weekend with Aja. Ft. Myers, FL. April 15-17, 1994

Week Assisting Yoga Retreat with Bobbi Goldin. Sanibel Island, FL. May 1994

Two-week Transcendental Meditation Advanced Training. Avon Park, FL. June 1994

Week Yoga Workshop with Felicity Green and George Purvis. Highlands, NC. July 24-31, 1994

#### **1995**

Yoga Weekend with Angela Farmer and Victor VonKooten. Naples, FL. Jan 6-8, 1995

Yoga Weekend with Angela Farmer and Victor VonKooten. St. Petersburg, FL.

Jan. 13-15, 1995

Yoga Weekend with Judith Lasater. Miami, FL. Jan 27-29, 1995

Yoga Weekend with Bobbi Goldin, Ft. Myers, FL. March 18-19, 1995

Yoga Weekend with Manouso Manos, Naples, FL. March 31-April 2, 1996

Week Assisting Yoga Retreat with Bobbi Goldin. Sanibel Island, FL. April 1995

Yoga Weekend with Kofi Buscio. Miami, FL. May 15-17, 1995

Yoga Assisting Weekend with Judith Lasater. Indian Rocks Beach, FL. Nov. 11-12, 1995

#### **1996**

Yoga Weekend with Rodney Yee. Indian Rocks Beach, FL. Feb. 2-4, 1996

Yoga Weekend with Manouso Manos. Naples, FL. March 8-10, 1996

Yoga Weekend with Angela Farmer and Victor VonKooten. Indian Rocks Beach, FL.

March 28-31, 1996

Yoga Weekend with John Schumacher. Miami, FL. April 21-23

Week Assisting Yoga Retreat with Bobbi Goldin. Sanibel Island, FL. April 1996

Yoga Teacher Training Weekend with Kathleen Pringle. Naples, FL. June 19-21, 1996

Yoga Weekend with Gabriella Giubilaro. Miami, FL. Sept. 4-6, 1996

Week Yoga Teacher Training with Felicity Green. SC. October 1996

#### **1997**

5-day Yoga Teacher Training with Adhil Palkhivala, Seattle, WA. Feb. 13-17, 1997

Yoga Weekend with Rodney Yee. Naples, FL. April 18-20, 1997

Week Assisting Yoga Retreat with Bobbi Goldin. Sanibel Island, FL. April 1997

Yoga Weekend with John Schumacher. Miami, FL. May 1997

Personal Yoga Training Week with Felicity Green. Seattle, Washington. Aug. 1-7, 1997  
**1998**

Sanskirt Weekend Workshop. Ft. Myers, FL. Jan. 8-12, 1998

Yoga for Scoliosis Weekend Workshop with Elise Miller. Miami, FL. Feb. 6-9, 1998

Yoga Weekend with Ramanand Patel. Miami, FL. March 13-15, 1998

Week Assisting Yoga Retreat with Bobbi Goldin. Sanibel Island, FL. April 1998

5-day Yoga for Scoliosis Training with Elise Miller. Kripalu, MA June 1998

Yoga Weekend with Gabriella Giubilaro. Miami, FL. Oct. 2-5, 1998

10-day Yoga Conference/Training with B.K.S. Iyengar. Pune, India. Nov. 22-Dec. 22, 1998

**1999**

Yoga Weekend with Felicity Green. Miami, FL. Jan 15-17, 1999

Yoga Weekend with Rodney Yee, Naples, FL. Feb. 5-7, 1999

Week Assisting Yoga Retreat with Bobbi Goldin. Sanibel Island, FL. April 1999

Yoga Weekend with Ramanand Patel. Ft. Myers, FL. May 21-23, 1999

5-day Yoga Retreat with Ramanand Patel. Saylorsburg, PA. Aug. 23-29, 1999

**2000**

Week Assisting Yoga Retreat with Bobbi Goldin. Sanibel Island, FL. April 2000

Yoga Weekend with Ramanand Patel. Miami, FL. August 2000

**2001**

5-Day National Iyengar Convention with Geeta Iyengar. San Diego, CA. April 2001

Week Assisting Yoga Retreat with Bobbi Goldin. Sanibel Island, FL. May 2001

Yoga Weekend Workshop with Ramanand Patel, Ft. Myers, FL. June 1-3, 2001

5-Day Yoga Teacher Training with Rodney Yee. Naples, FL. August 2001

Yoga Weekend Workshop with Angela Farmer and Victor Von Kooten. Ft. Myers, FL.

Oct 12-14, 2001

**2002**

Week Assisting Yoga Retreat with Bobbi Goldin. Sanibel Island, FL. April 2002

5-day Yoga Intensive with Ramanand Patel and Mukesh Desai. Saylorsburg, PA.

August 2002.

Yoga Teacher Training Weekend with John Schumacher. Virginia. Nov. 22-24, 2002

Yoga Teacher Training Weekend with Bobbi Goldin. Miami, FL. Dec. 5-8, 2002

**2003**

Yoga Weekend with Felicity Green. Miami, FL. Jan. 10-12, 2003

Week Assisting Yoga Retreat with Bobbi Goldin. Sanibel Island, FL. May 2003

5-day Yoga Intensive Workshop with Ramanand Patel and Mukesh Desai. Georgia. June 5- 11,

2003

**2006**



One-day Introduction to YogaKids Workshop. Ft. Myers, FL. March 26, 2006

Weekend Workshop Yoga Philosophy with Edwin Bryant. Ft. Lauderdale, FL. September 2006  
**2007**

Yoga Weekend with John Schumacher. Miami, FL. March 22-24, 2007

Week International Iyengar Yoga **Convention** hosted by Kofi Busio. San Francisco, CA. July 7-14, 2007

**2008**

5-day Yoga for Scoliosis Teacher Training Certification Course with Elise Miller. Kripalu. MA. June 2008

**2009**

Yoga Weekend with John Schumacher. Miami, FL. January 2009

2-Day Yoga Teacher Training for Certified Iyengar Teachers in Therapeutics with Stephanie Quirk. Naples, FL. November 2009

**2010**

Yoga Weekend with John Schumacher. Miami FL. January 2010

Yoga Weekend with Roger Cole. Vero Beach, FL. February 2010

5-Day Iyengar Yoga Teachers **Convention** with Geeta Iyengar. Therapeutic Yoga. Portland, OR. May 2010

Weekend Workshop Sanskrit Training with Zoe Mai. Ft. Myers, FL. June 2010

5-Day Chair Yoga Teacher Training Certification Course with Laksmi Volker. St. Augustine, FL. July 2010

Yoga Weekend with Ramanand Patel. Miami, FL. Oct. 8-10, 2010

**2011**

Yoga Weekend with John Schumacher, Miami, FL. January 2011

**2012**

5-Day Yoga for the Special Child Training with Sonia Sumar, Sarasota, FL Jan 9-13, 2012

Yoga Weekend Workshop with Ramanand Patel, Miami, FL. March 23-25, 2012

3-Day Iyengar Yoga National **Conference**, Washington, D.C. May 3-6, 2012

Week Yoga Retreat with Bobbi Goldin, Sanibel, FL. May 7-12, 2012

Week Yoga and Sound Retreat with Ramanand Patel, Mukesh Desai, and Swami Dyananda, Saylorsburg, PA. Sept. 7-14, 2012.

**2013**

Week Yoga Retreat with Bobbi Goldin, Sanibel, FL. April 28-May 4, 2013

Yoga Weekend Workshop with Ramanand Patel, Miami FL. November 22-24, 2013

**2014**

Yoga Weekend Workshop with John Schumacher, Miami, FL. Jan. 4-6, 2014

Yoga Weekend Workshop with Manuso Manos, Naples, FL. Feb. 7-9, 2014

1-Day Yoga Workshop with Vilma Maharaj Banks, Ft. Myers, FL. March 1, 2014  
Two-day Sanibel Yoga Retreat with Bobbi Goldin, Sanibel, FL. May 4 and 9, 2014  
Weekend Workshop Sanskrit Training with Zoe Mai, June 6-8, 2014 Ft. Myers, FL

### **2015**

Week Yoga Retreat with Bobbi Goldin, April 27-May 2, 2014 Sanibel, FL  
Two-day Yoga Workshop with H.S. Arun, May 6-7, 2015 Naples, FL  
Yoga Weekend Workshop with Ramanand Patel, June 5-7, 2015 Miami, FL

### **2016**

Yoga Weekend Workshop with John Schumacher, January 8-10, 2016 Miami, FL  
One-day The Divine Feminine Workshop. March 15, 2016 Punta Gorda, FL  
Week Yoga Retreat with Bobbi Goldin. April 30-May 5, 2016 Sanibel, FL  
5-Day National Iyengar **Conference** with Abhijata Sridhar. May 26-30, 2016 Boca Raton, FL  
Week Yoga & Sound Retreat with Ramanand Patel, Mukesh Desai. September 7-14, 2016  
Saylorsburg, PA

### **2017**

Yoga Weekend Workshop, John Schumacher. January 13-15, 2017 Miami, FL  
4-Day Kirtan College with David Newman. March 2-5, 2017 Sebastian, FL  
Week Yoga Retreat with Bobbi Goldin. April 30-May 5, 2017 Sanibel, FL  
3-Day Aqua Yoga Teacher Training with Camilla Hair, August 18-20, 2017 Mount Dora, FL  
Week Yoga & Sound Retreat with Ramanand Patel, Mukesh Desai September 7-14, 2017  
Saylorsburg, PA  
Yoga Weekend Workshop with Ramanand Patel. November 2017 Miami, FL  
2-Day Yoga for Scoliosis Teacher Training with Deborah Wolk, Dec. 2-3, 2017 Pinellas Park, FL

### **2018**

Yoga Weekend Workshop, John Schumacher. January 5-7, 2018 Miami, FL  
Yoga Weekend Workshop, Manuso Manos. Feb. 9-10, 2018 Naples, FL  
Week Yoga Retreat with Bobbi Goldin. April 29-May 3, 2018 Sanibel, FL  
Week Yoga Workshop with Ramanand Patel. Sept. 2018 San Francisco, CA  
1-day Yoga Immersion **Conference**, Hosted by SE Iyengar Teachers, Nov. 2018, Ft. Lauderdale,  
FL

### **2019**

Yoga Weekend Workshop, John Schumacher. January 4-6, 2019 Miami, FL  
Yoga Weekend Workshop, Manuso Manos. Feb. 8-9, 2019 Del Ray Beach, FL  
Week Yoga Retreat with Bobbi Goldin. April 27-May 4, 2019 Sanibel, FL

## **Massage and Healing Training**

### **1988**

NMT I Training with Paul St. John. Baltimore, MD August 1988

Massage School Training/Graduation/Licensing. Pembroke Pines, FL September 1988-Feb 1989

### **1989**

Warrior Within Weekend Workshop with George Leonard. Esalen, CA March 1989

NMT II Training with Judith Walker. Tampa, FL April 1989

FSMTA Convention, Key West, FL May 1989

NMT III Training with Paul St. John. Miami, FL September 1989

### **1991**

Certificate of Awareness for Weekend Workshop in Holistic Health with Dr. Bernard Jensen. FL April 13-14, 1991

FSMTA Convention, Orlando, FL May 1991

### **1992**

Craniosacral Therapy I. The Upledger Institute. 24 CEU. Palm Beach, FL June 25-28, 1992

Craniosacral Therapy II. The Upledger Institute. 24 CEU. Palm Beach, FL Nov. 12-15, 1992

### **1993**

FSMTA Convention, Orlando, FL May 1993

SomatoEmotional Release I. The Upledger Institute. 24 CEU. Palm Beach, FL Nov. 18-21, 1993

### **1994**

FSMTA Convention, Jacksonville, FL May 1994

Gross Anatomy Workshop Examining Cranium and Neck with Dr. Julian Dwornik. 6 CEU.

Tampa, FL July 23, 1994

10-day Chi Kung Training, Beijing, China. October 1994

### **1996**

Aura Workshop with Deborah Malinowski. 3 hrs. Ft. Myers, FL March 2, 1996

Aromatherapy Workshop with Candace Welsh. 3 hrs. Ft Myers, FL April 20, 1996

FSMTA Convention, Orlando, FL May 1996

Visceral Manipulation I Training. Upledger Institute. St. Petersburg, FL August 1996

### **1997**

FSMTA Convention, Orlando, FL May 1997

### **1998**

FSMTA Convention, Orlando, FL May 1998

### **1999**

FSMTA Convention, Orlando, FL May 1999

**2000**

FSMTA Convention, Orlando, FL May 2000

**2001**

BioAquatic Exploration; Ocean Therapy I. The Upledger Institute. 24 CEU. Freeport, Bahamas. July 19-22, 2001

BioAquatic Exploration Advanced. The Upledger Institute. 24 CEU. Freeport, Bahamas. Aug. 16-19, 2001.

NMT - Focus on Postural Influences & Gaiting with Judith Delaney. 6 CEU. St. Petersburg, FL Aug. 25, 2001

**2002**

Integrated Awareness Workshop with Lansing Gresham. Key West, FL February 2002

Diaphragmatic Massage and Patterns of Assessment with Dr. Leon Chaitow. 6 CEU Miami, FL June 15-17, 2002

Integrated Awareness Workshop with Lansing Gresham. Key West, FL November 2002

**2003**

Co-Teach Integrated Awareness Workshop with Lansing Gresham. Ft. Myers, FL February 2003

Integrated Awareness Apprentice Training with Lansing Gresham. New Hampshire. March 2003

Co-Teach Integrated Awareness Workshop with Lansing Gresham. Ft. Myers, FL July 2003

Integrated Awareness Apprentice Workshop with Lansing Gresham. California. July 2003

Integrated Awareness Apprentice Workshop with Lansing Gresham. New Hampshire. October 2003

Integrated Awareness Apprentice Workshop with Lansing Gresham. Key West, FL November 2003

**2004**

Bridges to Clinical Care; Healing from the Core with Dale Alexander. 24 CEU. Ft. Myers, FL May 2004

Integrated Awareness Training with Lansing Gresham. Corte Madera, CA July 26-31, 2004

Integrated Awareness Training with Lansing Gresham. Concord, NH. Oct. 5-12, 2004

Integrated Awareness Apprentice Training with Lansing Gresham. Key West, FL November 2004

**2005**

Bridges to Clinical Care; Healing from the Core with Dale Alexander. 24 CEU. Ft. Myers.

January 2005

Integrated Awareness Training with Lansing Gresham. Rohnert Park, CA Jan. 15-22, 2005

Integrated Awareness Training with Lansing Gresham. Asilomar, CA

March 29-April 3, 2005

Integrated Awareness Training with Lansing Gresham. Park City, UT May 1-6, 2005

Integrated Awareness Training with Lansing Gresham. Ft. Myers, FL June 16-27, 2005

Integrated Awareness with Lansing Gresham and Bridges to Clinical Care; Healing from the Core with Dale Alexander. Cotati, CA Aug. 4-7, 2005

Integrated Awareness Training with Lansing Gresham. Bar Harbor, MA Sept. 20-27, 2005.

Integrated Awareness Training with Lansing Gresham. Marathon, FL Nov. 8-13, 2005

**2006**

Integrated Awareness Training with Lansing Gresham. Jan. 20-28, 2006. Rohnert Park, CA

Integrated Awareness Training with Lansing Gresham. April 1-9, 2006. Ft. Myers, FL

Integrated Awareness Training with Lansing Gresham. April 28-May 5, 2006.

Salt Lake City, UT

Integrated Awareness Training with Lansing Gresham. June 12-19, 2006. Bar Harbor, MA

Integrated Awareness Training with Lansing Gresham. July, 2006. Rohnert Park, CA

Integrated Awareness Training with Lansing Gresham. Nov, 2006. Rohnert Park, CA

The Inside-Out Paradigm: Visceral Manipulation with Dale Alexander. 24 CEU. Marathon, FL  
November 2006

**2007**

Integrated Awareness Training with Lansing Gresham. April 13-23, 2007. Ft. Myers, FL

Integrated Awareness Training with Lansing Gresham. July 22-29, 2007. Rohnert Park, CA

**2008**

Integrated Awareness Training with Lansing Gresham. June 18-25, 2008. Bar Harbor, MA

Integrated Awareness Training with Lansing Gresham. Sept. 13-19, 2008 Concord, NH

Integrated Awareness Training with Lansing Gresham. Nov. 2-9, 2008. Marathon, FL

**2010**

CPR/First Aide Certification. October, 2010. Ft. Myers, FL

**2012**

FSMTA Convention Orlando, FL June 29-July 1, 2012

**2013**

The Inside-Out Paradigm: Heart with Dale Alexander, 24 CEU. June 15-17, Fort Myers, FL

**2014**

FSMTA State Convention, June 26- 29, 2014, Orlando, FL

**2015**

FSMTA State Convention, Orthobionomy Certification, June 25-28, 2015 Orlando, FL

Aspiration to Prevent Hip, Knee & Shoulder Replacements, Dale Alexander, 24 CEU. Nov. 21-22, 2015 Lake Park, FL

**2017**

Memory, Forgetfulness, & the Brain, Dr. R. S. Hullon, 8 CEU. Feb. 1, 2017 Estero, FL

Spinal Curvatures II, Seminar, 8 CEU. March 25-26, 2017, Bonita Springs, FL

**2018**

Heart with Dale Alexander, 24 CEU, Miami, FL

**2019**

Infinite Magnificence with Lainie & Howard Wulkan and Teressena & Martien Bakens, May 24-26, 2019 Bokeelia, FL

**Media Contributions (Articles/Book/CDs)**

1990-2004. Produced monthly and quarterly printed newsletter for Health & Harmony Center  
2004-2011. Writing for Health & Harmony website.

September 1995. *News-Press* newspaper, "Local Owner Studies in China"

January 1996. *Natural Awakenings* magazine, "Chi Kung in China"

March/April 1996. *The Conscious Voice* magazine, "Commonly Asked Questions about Yoga"

October 1997. *Natural Awakenings* magazine, "Movement is Magic"

March 1998. CD Relaxation with Kandy

November 1998. CD Yoga with Love - a home practice

November 2001. *Yoga Journal* magazine, "Miami - Yoga in Paradise"

January 2002. FSMTA Magazine, "Back to Basics in the Bahamas"

March 2018. IYASE website, "Compassion in Yoga Asana"

February 2019. Book, *Practice: Wisdom from Downward Dog*, Flowers of Live Press

May 2019. CD, *Being with the Quiet; a Moment to Pause*. Farmedelica Sound Studio

July 2019. CD, *Gulf Coast Meditations: a collaborative*. Farmedelica Sound Studio